

## **1. A Guided Tour of Brain Development**

Now you can learn detailed neurological information painlessly. This tape presents a guided fantasy tour of a brain from birth through adulthood. Follow the spurts and plateaus of brain growth. The natural readiness of the developing brain forms a sensible basis for curriculum design and suggests optimal teaching and parenting strategies at each stage. Some very special capacities which become available during adulthood are also described. Audience: New Mexico School Psychologists Assn., recreated in a studio. 47 min. \$9.95

## **2. Willfulness to Willpower: The Growing Child**

Children naturally long to take control of their bodies, their speech and their minds. Too much discipline from us may actually weaken their will, making it harder for them to create a strong sense of self discipline. Blending brain science and insights, this talk addresses the key challenges children face from toddlerhood through grade school and how we can help. Audience: Montessori symposium in Seattle. 93 min. \$11.95

## **3. The Sympathetic Thinker in a Critical World**

Young children learn in unique ways. They embrace their world. To them, ideas are friends and nature is a wonderland to be enjoyed like a concert. Brain research warns us that this wonderful early thinking style can easily shut down. This presentation explores ways we can support the gentle preschool mind in a not so gentle world.

Keynote talk: Alaska Assn. for the Educ. of Young Children (AAEYC). 63 min. \$9.95

## **5. Awakening the Natural Parent**

With so many parenting and child development experts writing and speaking to us, we can lose sight of our own inner wisdom. We are all natural parents and, with a little help from our children, we can rediscover the child's world and reawaken our natural parenting skills.

Keynote talk: Midwest Montessori conference in Chicago. 63 min. \$9.95

## **6. The Inner World of Discipline**

What if the seeds of discipline already existed within the child? What if it were largely a matter of guiding the child in unfolding an inner will nature? This tape begins with these assumptions and combines brain science findings, developmental patterns and gentle story examples to create a set of guide-lines for parents and teachers. These strategies are especially valuable for nurturing the sensitive, compassionate child.

Audience: a small group of home-based preschool educators. 93 min. \$11.95

## **8. Teaching the Inner Child**

This talk challenges the idea that we must stimulate children to learn and invites us to awaken the child's mind gently instead. Inspiring suggestions address the role of body and movement, the child's love of repetition and sensitivity to tempo, and ways to engage the sense of wonder and curiosity.

Audience: Colorado Endowment for the Arts and Humanities Conf. 63 min. \$9.95

## **9. Stepping Stones to a Lively Mind**

Humor, stories and subtle perceptions guide the listener through Piaget's stages of preoperational, concrete and formal mind and on to an exciting "post formal" stage that

offers a way to rekindle a sense of wholeness in ourselves and our children. A delightful presentation!

Keynote talk: elementary education conference, Dallas. 63 min. \$9.95

### **10. Supporting the Middle Level Child**

By 6th grade, the learner's mind needs to develop impulse control, organization skills and an awareness of how to think. By 7th grade, their body needs to develop grace and coordination, to feel attractive and to cope with stress. And by 8th grade, their heart needs to handle emotional extremes and to hold onto ideals. This tape is filled with simple and surprising ways teachers and parents can help these skills develop.

Audience: public school teachers and parents, Dillon, Colorado. 93 min. \$11.95

### **12. Before and After Formal Thinking**

Some learners resist formal thinking because they lack the needed skills — attention and impulse control, ambiguity and boredom tolerance, useful inner speech and body posture. Still others resist because they aspire to a post-formal or general systems way of thinking. Offers ways to enter formal thinking and captures the essence of a world beyond it.

Audience: public school middle and high school teachers, Frisco, CO. 93 min. \$11.95

### **13. Strategies for Scholarship: East and West**

The mind has many learning states we can enter once we discover how to alter our thinking strategies. Posture and breath, inner speech and inner movements, note taking and study patterns, diet, sleep, and incubation time are explored.

Audience: Boulder School of Massage students. 93 min. \$11.95

### **14. Exploring the Ground of the Teacher**

Years of schooling can create overly "expert" minds that have lost the ability to think freshly. However, a wise blending of theory, research, wisdom and direct experience can help the student reawaken a "beginner's mind". This tape explores the art of teaching and of designing the academic journey.

Audience: Boulder School of Massage faculty. 63 min. \$10.95

### **17. Classroom Clues to Thinking Problems**

Some children twist in their chairs. Others drape across their desks. Some notice everything while others are half asleep. Each body is displaying a set of subtle neurological clues that reveal how that child's mind works best and what problems it may be having. With humor, stories and clear science, these classroom clues to thinking problems are explored.

Audience: public school regional inservice, upstate New York. 93 min. \$11.95

### **19. Learned Helplessness: Causes, Symptoms & Cures**

Learning involves staying alert, paying attention and learning to discriminate and reason well. But these skills can break down under too much stress and result in anxious or depressed learned helplessness, a condition resembling delayed stress syndrome. How can we help? This tape presents many very effective strategies. (Note: These strategies rely on a sense of irony and humor not present in children under age 11.)

Audience: middle and high school educators, Longmont, CO. 93 min. \$11.95

## **20. Children at Risk: Development of Dropouts**

Children with weak inner speech cannot reason or control their impulses well. Children who have been shocked in life may resist new learning. Children who live in unsafe environments may be so sensitive to deception and hypocrisy that they reject peers and adults who fall short of perfection. All these children are at risk. This tape offers fresh, hopeful suggestions for understanding and helping them.

Audience: concerned public school educators, Grand Junction, CO 63 min. \$9.95

## **21. A Layered Look at the Brain (two tapes)**

With a fascinating look at our layered brain, this two tape lecture discusses Dr. Paul MacLean's triune model of brain functioning. Dr. MacLean's research sheds light on empathy and altruism, on delinquent and acting out behaviors and what to do about them, and on how to socialize alienated children and adolescents. Dr. Coulter relates MacLean's work to education and the correctional and counseling fields.

Audience: College course lecture, Univ. of Northern Colo. 126 min. \$19.50 (2 tape set)

## **22. The Inner Dynamics of Creativity**

This extremely popular tape explores the very roots of creativity and the relationships between the body, mind and heart. What is the inner gesture quality that inspires creative expression? How can we incubate ideas effectively and know that is what we are doing? What can help elegant compositions arise from that incubation process? And how can we sustain the rigor needed to be productive?

Studio interview designed for radio broadcast. 93 min. \$11.95

## **23. Art and the Making of Mind**

This inspiring talk explores the gift of art throughout the child's life from fascinated preschooler through the growing imagination and hunger for imagery of the elementary school learner and on to the emotionally intense and sensitive adolescent artist who longs to come to expression in the world. This tape has many surprising and exciting ideas to inspire the imagination of the teacher of the arts.

Keynote talk: Four Corners Art Educators Assn., Denver. 73 min. \$10.95

## **24. Movement, Meaning and the Mind (two tapes)**

This two tape talk soars into uncharted territories as it links neurological findings, subtle observations of children and the work of Rudolf Steiner regarding the special senses of balance, movement, the sense of life itself and the sense of touch. The audience had a pioneering spirit that invited this lively talk. Wonderful tapes for those who love to stretch their minds and imaginations and explore new and important questions.

Keynote talk: Educ. Kinesiology conference, Greeley, CO. 136 min. \$19.50 (2 tape set)

## **26. Meeting the World with Music**

Music prepares the young child to meet the world more fully and more joyously. The teacher who commits to bringing music to children can play an important part in helping them develop their movement skills, their love of music and their ability to cooperate and experience community. This tape explores the importance of introducing music to the young child from 18 months to 7 years of age.

Keynote talk: National Early Childhood Music conference, Chicago. 73 min. \$10.95

### **27. Falling in Love with Music: Styles and Stages**

This talk gives a very rich picture of the developing mind and temperament of the school age learner. It offers a special focus on the basic temperaments of their musical minds, their special gifts, obstacles and needs. It also explores the ways children come to music at different ages, what teachers can call forth from them and how to sustain their love of music throughout their musical education. This magical journey can just as easily and usefully be applied to any other art or academic subject.

Keynote talk: Kansas Music Teachers Assn. conference. 73 min. \$10.95

### **28. The Practice Effect and other Mysteries**

This talk has a rich dialogue between Dee Coulter and her 15 year old son, Scott. For years, her tapes have included ÓScottie storiesÓ. Now, for the first time, they share the podium as they discuss the mystery of practice, the biological breakthroughs that lead to new skills and other experiences from the piano student's perspective.

Audience: attendees, Kansas Music Teachers Assn. conference 63 min. \$9.95

### **29. In Defense of Music**

Budget cuts are forever in the air and music programs seem especially vulnerable but much needs to be said in defense of music. Many of the current trends in education fail to support aspects of the developing child's mind, making a rich music education all the more crucial. This tape explores the important ways a music program can support brain development and strengthen a child's cognitive potential.

Audience: Orff Schulwerk sponsored workshop, Denver. 93 min. \$11.95

### **30. Unfolding through Music**

Kindling a love of music and keeping it alive is very important and can be difficult. Often it is not what we teach but when we teach it that determines our success in the music classroom. Through this tape, the teacher can gain a deeper sense for the pattern of unfolding musical abilities at each age. The ideas can be very helpful in building an effective music curriculum.

Audience: Orff Schulwerk sponsored workshop, Denver. 93 min. \$11.95

### **31. The Inner Gesture of Music**

Why do orchestra conductors live so long? Side one of this tape investigates the inner experiences of music, the ways in which our bodies carry out Óinner gesturesÓ. Let your mind play with ways to tap the power and potential of these inner gestures for education. Could music actually lead the way in developing a set of rich new cognitive capacities? Is music an inner aerobics that can awaken a sleeping mind? Side two of this tape offers a rich array of general remarks to music educators.

Audience: Orff Schulwerk sponsored workshop, Denver. 63 min. \$9.95